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Neue. 1616.

A
**Prognostication ser-
uing for this yeare of**
our Lord God, and Sauour
IESVS CHRIST,
1616.

Wherein you may beholde and ob-
serue, the grounds of the alteration and
condition of the foure Quarters of this yeare, and
also the estate and disposition of the ayre, for each
seuerall moneth, according vnto the inclina-
tion of the Celestiall bodie, with the
Change of the Moone, and the time
of the Eclipses, and other neces-
sarie obseruations, conue-
nient in such a work
to be noted.

Collected and published
BY
Ieffery Neue.

Imprinted at L O N D O N, for the
Companie of Stationers.

**A necessary Rule to know the beginning
and ending of euery Terme, with
their Returnes.**

¶ Hilarie Terme beginneth the 23. day of Ianuarie,
and endeth the 12. of Febzuarie, and hath foure returnes.

{ Octabis Hilarii. } { Crastino Purifica. }
 { Quind. Hilarii. } { Octabis Purifica. }

¶ Easter Terme beginneth 17. daies after Easter, and
endeth the munday next after Ascention day: and hath
foue Returnes, that is to say,

{ Quind. paschæ } { Quinque paschæ. }
 { Tres paschæ. } { Crasti Ascention. }

¶ Trinitie Terme beginneth the friday next after Trini-
ty Sunday, and endeth the wednesday fo: night after.
And hath foure Returnes, that is to say,

{ Crasti Trinitatis. } { Quind. Trinitatis. }
 { Octabis Trinitatis. } { Tres Trinitatis. }

¶ Michaelmas Terme beginneth the 9 day of October,
and endeth the 18. of Nouember: and hath eight Re-
turnes, that is to say,

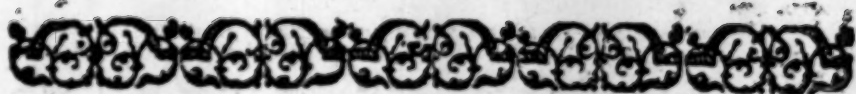
{ Octabis Michael. } { Crast. Animarum. }
 { Quind. Michael. } { Crast. Martinii. }
 { Tres Michael. } { Octabis Martinii. }
 { Mense Michael. } { Quind. Martinii. }

¶ Note that the Exchequer openeth eight daes be-
foze any Terme begin, except Trinity Terme, in which is
openeth foure daes befoze.

¶ On these daies following, the Judges sit
not at Westminister.

In { Hilarie }
 { Easter } Terme on { Candlemas }
 { Trinity } { Ascention } day.
 { Michaelmas } { Midsummer }
 { Albolland }

Certaine



Certaine profitable Rules

and brieve obseruations, concerning
Husbandrie.

The best time to sow all kinde of coine, is when the Moone goeth her course in Cancer.

The best time to plant and graft, when the Moone is in a fixed signe, especially in Taurus, Aquarius, or in the increase of the Moone, which is betweene the Change, and the Full.

To set or sow all kinde of seedes, the Moone being well seated in Aries, Taurus, Cancer, Virgo, Libra, Capricornus, Aquarius, or Pisces.

Fell Timber to build withall, when the Moone is towards the last quarter, shee being then in Aquarius, or Pisces.

Crop trees, and fell wood to burne, that the stocke may the sooner growe againe, when the Moone is in the first quarter.

Remoue and set young trees, in the last quarter of the Moone, in Taurus, or Capricornus, and that in the moneths of September, October, November, and Februarie.

The best time to geld cattell, the Moone being in Aries, Sagittarius, or Capricornus.

The best time to cut vines, is in Februarie, or March, the Moone increasing, in Taurus, Virgo, or Libra.

The best time to sheare sheepe, is in the increasing of the Moone, that is, from the Change to the Full.

To cut haire, that it may the sooner grow againe, the Moone increasing, in Taurus, Virgo, or Libra.

To mucke your land, that the weedes may not grow thereby, is in the decreasing of the Moone, that is, from the Full to the Change.

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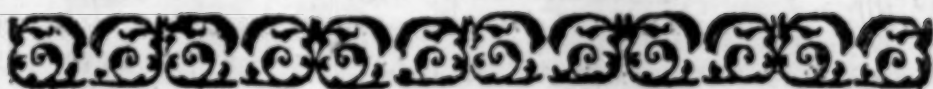
Of the Eclipses which shall happen this
present yeare of our Lord God,
1616.

The Luminaries this yeare, will suffer foure times the losse or reiection of the light, that they impart to the earth: twice the Sunne, and twice the Moone, whereof the latter onely of the Moone, shall be apparent in our Horizon: the other three Eclipses of the Sunne and Moone, shall happen in Countries farre distant from vs, therefore I omit, for to make any further relation of them.

Of the Eclipse of the Moone.

Vpon the 17. day of August, being latter day, about thirtē of the clocke in the morning, will sensibly and visibly appeare in our Horizon, the Moone Eclipsed, by reason of the earths interposition betwene the Sunne and her, shee being at that instant placed in the first face of Pisces, and diametrally opposite vnto the Sunne, (neere Caput Draconis) in a signe of the waterie triplicitie, naturally colde and moist, of complexion flegmaticke, feminine, nocturnall, moouable, septentrionall, the house of Iupiter gouernour of the secte. This Lunary obscuration, from the beginning to the end, will be three houres and 30. minutes. The points or degrees Eclipsed are 13. and 28. minutes, &c.

Briefe



Briefe Rules, and necessarie obseruations,
concerning *Bleeding, Bathing, Purging, and*
Sweating, according to the motions
of the Moone.

When the weather is either extreamely hot or colde, it is not then conuenient, either to let blood, or to purge, vnlesse some great necessitie doe require it: yet notwithstanding, if this blood-letting be for the Phrenzie, the Apoplexie, for a continuall head-ach, proceeding of choler or blood, or for any hot burning feauer, or other extreame paines: a man in such a case may not tarry a chosen time, because the patient might miscarrie in the meane season. But in this fore-said case of extremity, blood is not to be let in such a quantity as otherwise it would, if a chosen time might conueniently be expected.

The best time to let the Phlegmaticke blood, is when the Moone is in Aries, or Sagittarius, the head and thighes excepted.

For the Melancholic, the Moone being in Libra, or Aquarius, the buttockes and legges excepted.

For the Cholericke, the Moone being in Cancer, Scorpio, or Pilees, the breast and feete excepted.

For the Sanguine all be good, which before is named.

In the spring time, let blood at the right side.

In harvest time, let blood at the left side.

For Bathing.

Bathings are comunonly vsed rather for pleasure then for profit, especially where hot-houses are ouermuch haired: but I minde not to speake of them in this place, or therwise then to aduertise those that tender their own health, to be wary and circumspect, in resorting vnto them, without iust cause, and immediately after, or with such persons as be vncleane. Know that it is not good to bathe, when y Moone is in the earthly signes, as in Taurus, Virgo, or Capricornus.

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us: the reason is because they are of a colde and drie nature, and the nature of colde is to restraine and binde: And so the Moone being in these signes, the pores of the body are closed and shut, so that there can be no resolution of humours and superfluities, which by bathing ought to be avoided.

But in fierie signes, as when the Moone is in Aries, Leo, Sagittarius, then it is a good time for bathing, for then the body is apt to resolution, for it is the nature of heate, to open and resolve.

It is best bathing two or three daies after the Change, and at the Full of the Moone, for then are the superfluities ripe and ready to auoide, and disposed to flowe and issue out, which indeede is the very ende and vse of bathing. If any will enter into the Bath, onely for cleannesse sake, let the Moone be in Libra, or Pisces.

Further, if bathing be vsed for health, let the party grieued learne of the wise Physitian, whether his sicknesse hath need of moistening, or drying: for if it doe require moistening, as in Pthisis and such like, then let him bathe in waterie signes, hauing good aspects of Iupiter and Venus. But if the sicknesse require drying, as in Paralysis and the like, then let him bathe, the Moone being in fierie signes, hauing good aspects of Mars and the Sunne.

Also, before you enter into any Bath, your body must be purged: for if you goe in vnprepared, and unpurged, peraduenture you may be worse after then before.

The best time of the yeare to bathe in, is in the Spring & Haruest, and in them the moneths of May, and September. The best time of the day to goe into the Bath, is an houre after the Sunne rising at the least, alwaies provided that you must walk either an houre, or halfe an houre before, and haue a stoole either by nature or by Art. Ye must couer your head well, so long as ye be in the Bath, and beware you drinke no colde drinke, although you be very thirstie: but forbear all things that are colde, lest when you are hot within, the colde strike suddenly into some principall member, and so hurt you.

The time of tarrying in the Bath, is commonly one houre, but it may be more or lesse, according to the nature of the Bath: or sicknesse of the party, at the discretion of the wise Physitian.

For

For Purging.

In Purging, these five things ought to be knowne.

1. The humour which aboundeth.
2. The best way to auoide.
3. The strength of the person.
4. The manner of the sicknesse.
5. The force & nature of the medicine.

For when these things are not considered and obserued, many perillous accidents may follow, and greatly grieue and hurt the body.

Good signes for purging generally, are Cancer, Scorpio, and Pisces.

Particularly, as with potions or drinckes, in Scorpio.

Purge with electuaries, the Moone being in Cancer.

Purge with pills, the Moone being in Pisces.

Take preparatiues, the Moone in Gemini, Libra, or Aquarius.

Take vomits, the Moone in Aries, Taurus, or Capricornus.

Take gargarises, the Moone in Aries, Cancer, or Capricorne.

Take Blisters, the Moone in Libra, or Scorpio.

To prouoke Aetlings, the Moone in Cancer, Leo, or Libra.

To stop Fluxes, Rhumes and Laxes, the Moone being in Taurus, Virgo, or Capricornus.

Good to Comfort the vertue Attractiue, the Moone in Aries, Leo, or Sagittarius.

Good to comfort the vertue Digestiue, the Moone in Gemini, Libra, or Aquarius.

Good to comfort the vertue Retentiue, the Moone in Taurus, Virgo, or Capricornus.

Good to comfort the vertue Expulsiue, the Moone in Cancer, Scorpio, or Pisces.

For vsing of Unguents or Plaisters, it is best applied when the Moone is in that signe which gouerneth the same member or part of the body, to which it is appliable.

For Sweatings.

Sweatings, as they are of two sorts, that is to say, naturall and artificiall: so they are vsed for two ends and purposes.

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The naturall sweate, if good herde be taken in opening the pores, will dissolue grosse and thicke humours will cleanse the blood, will comfort the spirits, will put away colde, will consume rawe humours, qualifie and quench raging feauers, will helpe numbnesse, and the drop sicke. The artificiall sweate will cleanse scabs, put away itch, amend dulnesse in hearing, ease the stone, resolute congealed and colde melancholy blood and humours, &c. But for the better performing, and effectuall working in these causes, the counsel of the learned Physicion is to be desired and vsed.

The best and meetest signes to sweate in are Leo, Aries, and Sagittarius, and that two or three daies after the Change, and at the Full of the Moone. And note that sweatings, it is better to be done at the euening, then in the morning: for when the body hath nourishment within, the spirits shall not be drawne utterly forth, to the extreame parts. Note further, that leane and dyse folkes, or feeble persons, must sweate little, for it will hurt them much: but fat folkes may sweate well, and it will helpe them much.



A description of the foure Quarters of this yeare of our Lord God, 1616.

Winter (which is the chiefe Capitall for the Spring, the disgrace of Summer, and the deepe deuourer of the fruitfull harvest) began to take his effects (according to our vsuall computation) the 12. of December, in the yeare afore-going, at the first entring of the Sunne into the first minute of the signe Capricorne, at which time the Sunne shall be at his greatest South declination, from the Equinoctiall line, so that he riseth South-east, and setteth South-west. Now is the Hyemal or winter Solstice, for the Sunne is so farre remooued from our Zenith or verticall point, that he cannot decline any further, and stands at a stop and stay, and then is the shortest day in the yeare, and longest night: and so this winter Quarter doth continue unto the 10. of March next ensuing.

This

This season is by nature colde and moist, vnplesant for the most part to travellers, either by land or sea. and vnto aged persons it is very cumbrous and noisome, causing superfluitie of rawnesse, and abundance of colde moistnesse to ouerflowe their bodie, to their great trouble and disquietnesse, &c.

Touching the inclination and disposition of the weather, for this quarter, I am induced to iudge generally, that wee are like to haue many sharpe froasts, & some ruffling windes, with some stormie moisture, especially towards the latter end of the Quarter.

The diseases or sicknesses of this season, are like to bee wandering Agues, Coughes, Rheumes, hoarsenesse, with many other distemperatures, answerable to the state and condition of the season.

Of the Spring.

The Sunne (which is the eye of the world, the fountaine of light, and the chiefe moderator of all the rest of the lights) hath like a Gyant run his race, and finished his reuolution (Gradation) throughout the 12. signes, and now beginneth his iourney afresh again, and goeth an euē course, and so becomes an indifferent Arbitr betweene the day and night, and maketh an equalitie throughout his whole gouernment, to the great ioy and comfort of all his reuied subjects, chearing with his splendant countenance, the poore afflicted weatherworne weedes of this our darke starre of mortality (which the darkened countenance of the winters extremitie had almost subdued,) with his most excellent presence wherewith the earth begins to smile, and to put on her new apparel, the flourishing linery of fresh Flora, whose liberall proceedings, will seeme diuers times impugned, through the appearance of many darke and duskie clouds, inferring sharp blasts, and vnnaturall distemperance to all sorts of budding, blooming, and sprouting things.

This season is naturally hot and moist, the most temperate time of the yeare, and least breeder of sickness, that doth procure death, and a conuenient time for the remoouing of sicknesses, and griefes gotten before, and also to auoide and preuent those that are to come: for now the dull senses and spirits of men, and other creatures, are quickned & reuied, and therefore the humors which doe abound, and are readiest

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to represse nature, are fit to be emptied and auoided, whether by bloud-letting, purging, or otherwise as the learned Physitian shall aduise, and as the cause of the disease shall require. Such therefore as are diseased, let them not neglect this time.

Sundry sorts of diseases this Quarter are supposed to happen, which I at this time omit. **G D D** Almighty, who only knoweth what shall come to passe, turne all euils away from vs. Amen.

Of Summer.

Summer, the third part of our vulgar yeare, according to our vsuall computation, beginneth now when the Sunne hath fully determined the spring time, with the last Grade of Gemini, and hath mounted in his motion to the highest point of his course: namely, to y first degree of Cancer, which will be this yeare the eleauenth of June, being tuesday, and S. Barnabes day. Now is the second Solstice of the yeare, called the Equiuall or Summer Solstice: for euen as the Sunne when he entred into Capricorne, hath his greatest South declination from the Equinoctiall line: so now at his ingresse into the beginning of Cancer, he hath his greatest declination towards the North, from the said Equinoctiall line. And euen then as at the time of the winter Solstice, he was so farre remooued from our verticall point, that hee could mooue no further towards the South, & was therefore to approach againe towards our North Latitude, at which time he seemeth to stand: so now being come so neere our Zenith, that he cannot mooue no further towards the North, and is therefore to reuert againe towards the South Latitude, at his first going from vs he seemeth also to stand. In-
somuch that euen as befoze at his returne towards vs, hee made with vs the shortest day, and the longest night in the yeare: so now at his returne from vs, he maketh contrariwise the longest day, and shortest night in the yeare: and afterwards declineth daily more and more from vs, like as befoze he mooued more and more toward vs.

This season according to his proper nature, is hote and drie, turning the humours of mens bodies from coldnesse and moisture, into hotnesse and drinesse, resembling the element of fire, and complexion of Choler, bringing all fruites to their ripenesse, cattel to their fatnesse, and men to their wealth.

Tonching the state and condition of the season, it is likely
to

to be vnconstant and disagreeing from the naturall quality.
The infirmities of this season are supposed to be hot fea-
uers, diuers inflammations, with many other dangerous dis-
eases which will proceed of the corruption of bloud and cho-
ler, &c.

Of the last Quarter, called
Autumne.

Autumne (according to our accustomed computation)
the last Quarter of this yeare, beginnes at the Sunnes
departure from the last scruple of Virgo. into the
first degree of the second Equinoctiall signe *Libra*, which
will be this yeare on the 13. of September, being friday, the
day and the night being of an equall length, as in the
Spring: At which time is the Autumnall Equinoctiall:
for euen as at the Sunnes entrance into *Aries*, the day by
increasing from the winter Solstice, till then came to be e-
quall with the night, going on still more and more, till the
Summer Solstice, when was the longest day and shortest
night: So now the night by increasing from the Equinall
Solstice, to this the Sunnes ingredience into *Libra*, hath got
to be equall with the day, and shall increase more and more
till the Winter Solstice come againe, when the night is
longest, and the day shortest: and this time of the yeare is of
it selfe vnconstant and variable, warme in the day time, and
colde in the night.

As concerning the inclination of the weather, I gather
that it will be subject to loftie windes, and much stormie
moisture, vnconstant for trauellers either by land or sea. Dis-
eases incident to this Quarter, are oppilations of the spleene,
hemeroides, Gouts, obstructions in the Luer, Dropsies,
Ballies, wandring Feauers, with many other melancholy dis-
eases.

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A Declaration of the inclination and disposition of the weather and windes, according to the diuers motions and influences, of the Erraticall and fixed starres: with the day, houre, and minute of the Change of the Moone, her Full and Quarters: and also of the rising and setting of the Sunne, in every seauenth day of every moneth of this yeare of our Lord God, 1616.

Of Ianuarie.

Day	The Sunne riseth,	The Sunne setteth,
1	houre 8. and 3. minutes.	houre 3. and 57. minutes.
7	houre 7. and 56. minutes.	houre 4. and 4. minutes.
14	houre 7. and 46. minutes.	houre 4. and 14. minutes.
31	houre 7. and 34. minutes.	houre 4. and 26. minutes.
38	houre 7. and 23. minutes.	houre 4. and 37. minutes.

Last Quarter the 1. Day, 13. minutes after one of the clocke in the morning, inclined to some stormes.

New Moone the 8. Day, 14. minutes after 9. of the clocke at night, winterly weather.

First Quarter, the 15. Day, 33. minutes after 3. of the clocke in the afternoone, colde and cloudy.

Full Moone the 23. Day, about 6. of the clocke at night, ouer-casting clouds.

Last Quarter the 31. Day, about foure of the clocke at night, some fall of moisture.

Ianuarie

Ianuarie Abstract.

In this moneth of Ianuary, let not blood, neither vse but litle Physicke, except great necessitie constrain thee, and beware of taking cold: for this moneth Rheumes and Flegme doe much increase: to fast long is hurtfull, but to drinke white-wine fasting is good and wholesome: vse meates that are naturally hot moderately, and wear warme cloathes.

In worldly businesse this moneth, you may set all kinde of Common-fruit trees, as pears, plums, cherries, filberd, walnut, and such like, haw-thornes, and all sorts of quicke-lets: trees, or plants, are fittest to be set generally from the change, to the first quarter. Take away mosse and superfluous branches from your trees, and this moneth it is good to set Beanes, pease, parsneps, radish, leekes, garlick, turneps and onions, if the weather be milde, and the Moone past her full: you may Graffe at the end of this moneth, so as the Moone be increasing in her light. Good husbands also this moneth, Crop their trees, sell timber, and geld their cattell, such as must be gelded, the state of the Moone alwaies considered.

Of Februarie.

Day	The sunne riseth.	The sunne setteth.
1.	hou. 7. and 13. min.	houre 4. and 47 minutes.
7.	hou. 7. and 4. min.	houre 4. and 56. minutes.
14.	hou. 6. and 50. min.	houre 5. and 10. minutes.
21.	hou. 6. and 34. min.	houre 5. and 26. minutes.
28.	hou. 6. and 22. min.	houre 5. and 38. minutes.

New Moone the 7. day: 20. minutes after, 7. of the clocke in the morning, windy and vnconstant.

First quarter the 14. day, 52. min. after, 7. of the clocke in the morning, apt for some fall of moisture.

Full Moone the 22. day, 20. minutes after high noone, answerable for the season.

Febru-

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Februaries Abstract.

In this moneth of Februarie, all slimy fish, milke of Rice, and such like, that do oppilate or stop the liuer and veines, or thicken the blood, are to be eschewed as enemies to health: Also yet forbear Physicke and letting of blood, except great necessitie doe constraue it, and learned counsell doe aduise it. Beware of taking colde, for now are Agues apt to be taken, and it is very ill to take heates, and afterwards suddaine colde vpon them.

In this moneth, is the most apt time to graft, to plant and to set all kinde of trees and bushes, the winde and weather, and age of the Moone aforehand considered. Pease, Beanes, Hastings, Onions, Parsneps, and such like, as in Januarie may very fitly be set in the wane of the Moone. The time is now to trim by Gardens, to set and sow all kinds of kitchen hearbs, to set slips, and to sow kernels, to sow musterd-seede and oates, to set hops and vines, and to cut and prune them, and to sticke by your counsell Pease and Hastings.

Of March.

Day	The sunne riseth.	The sunne setteth.
1.	hou. 6. and 20. min.	houe 5. and 40. minutes.
7.	hou 6. and 8. min.	houre 5. and 52. minutes.
14.	hou. 5. and 54. min.	houre 5. and 6. minutes.
21.	hou 5. and 40. min.	houre 6. and 20. minutes.
28.	hou. 5. and 26. min.	houre 6. and 24. minutes.

Last quarter the first day, 39. minutes after 2. of the clocke in the morning, apt for the time.

New Moone the 7. day, 27. min. after five of the clocke in the after noone, inclined to moisture.

First quarter the 15. day, 51. minutes after one of the clocke in the morning, some raynie showers.

Full Moone the 23. day, 9. minutes after 4. of the clocke in the morning, windy and vncoustant.

Last quarter the 30. day about ten of the clocke in the forenoone, cloudy and windie.

Marches

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Marches Abstract.

In this moneth of March, the humours of mans body begin to increase: and now grosse feeding breedeth grosse blood and grosse humours: and therefore vse meates of good digestion, and such as breed good iuyce. It is a good time to purge and clarifie the blood, by potions, bashinges, and blood-letting, or such other waies, as the learned Physician shall appoint, and as the cause of the disease shall require. Now also sweete meates and drinikes are commendable.

The time of grafting as yet indureth, together with setting, sowing, pruning, and plashing, of vines, Hoppes, willowes, oates, field-pease, onions, and parsneps, and such like.

Of Aprill.

Day	The sunne riseth.	The Sunne setteth,
1	houre 5. and 18. minutes.	houre 6. and 42 minutes.
7	houre 5. and 6. minutes.	houre 6. and 54 minutes.
14	houre 5. and 54 minutes.	houre 7. and 6 minutes.
21	houre 4. and 39 minutes.	houre 7. and 21 minutes.
28	houre 4. and 29 minutes.	houre 7. and 31 minutes.

New Moone the 6. day, 8. minutes after foure of the clocke in the morning, stormie and vncoustant.

First Quarter the 13. day, 24. minutes after 8. of the clocke at night, some Aprill stormes.

Full Moone the 21. day, 11. minutes after five of the clocke at night, inclined to showers.

Last Quarter, the 28. day, 12. minutes after three of the clocke in the afternoone, seasonable and temperate.

Aprils Abstract.

In this moneth of Aprill, the pores of men are opened, and are apt to receiue Physicke: and they that now refuse the same, I commit them to the benefit of nature: for of all times of the yeare, this is the best time to preuent causes of sicknesses, or for speedy remedy in extremities: for now nature

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ture her selfe doth renew strength through all the body. So where sicknesse happeneth, shee soone vnburdeneth by the meanes of Physicke: Wherefore what it cannot doe now, hereafter it will hardly be done, therefore take time whilst time is, &c.

As yet you may graft & proue vines, also set Melons, Cucumber, Citrons, Hartichocks, and pole vp Hops, sow Barly, Tanners apply themselves to Barking of trees, &c.

Of May.

Day	The sonne riseth.	The sunne setteth.
1	houre 4. and 23. minutes.	houre 7. and 37. minutes.
7	houre 4. and 15. minutes.	houre 7. and 45. minutes.
14	houre 4. and 5. minutes.	houre 7. and 55. minutes.
21	houre 3. and 56. minutes.	houre 8. and 4. minutes.
28	houre 3. and 50. minutes.	houre 8. and 10. minutes.

New Moone the 5. day, 42. minutes after 3. of the clocke in the afternoone, some ouercasting cloudes for raine.

First quarter the 11. day, 21. min. after 2. of the clocke in the afternoone, cloudle and vncertaine.

Full Moone the 21. day, 34. min. after 3. of the clocke in the morning, sitting the season.

Last quarter the 27. day, 6. minutes after 8. of the clocke at night, lowing and vncoustant.

Mayes Abstract.

In this moneth of May rise early, for May doth not loue any sluggards. And let such as be in good health and able, walke into the fields, and eate and drinke a little betimes is wholesome: abstaine from meates as be hoate of nature. And for such as be sicke, it is a very good time to be let bloud, or to take Physicke. Such as be whole: God keepe them in health: and such as be sicke, God send them good Physitions and Physicke.

The time sitting now to sow Basill, Marierome, and such fine seedes, as before might not be sowne, because of the weather for coldnesse. Set sage according to the prouerbe, set sage in May, and it will last alway. Sow flaxe and Hempe, set Hartichokes, weede your Hops, and Gardeners, see to your grafts, that no superfluous branches trouble them: May dew, Rosemary flowers, and Beane-flowers, may at your pleasure be distilled this moneth, and now also haue a care of watching your Bees.

Of

Neue. 1616.

Of Iune.

Day.	The sunne riseth.	The sunne setteth.
1	houre 3. and 49. minutes.	houre 8. and 11. minutes.
7	houre 3. and 46. minutes.	houre 8. and 14. minutes.
14	houre 3. and 47. minutes.	houre 8. and 13. minutes.
21	houre 3. and 49. minutes.	houre 8. and 11. minutes.
28	houre 3. and 52. minutes.	houre 8. and 8. minutes.

New Moone the 4. Day, 30. min. after 4. of the clocke in the morning, reasonable good weather.

First quarter the 12. Day about 7. of the clocke in the morning, faire and pleasant.

Full Moone the 19. Day, about high noone, apt for the time.

Last quarter the 26. Day, 16. minutes after two of the clocke in the morning, very heate weather.

Iunes Abstract.

In this moneth of Iune, if thou must needes vse Physicke, take it early in the morning, that it may haue wrought before the heate of the day: And vse a light oz thin dyet, for the stomacke is not now so able to digest as in winter, oz some other of the former monethes. It is very good and conuenient for some to drinke Clarified whay boyled with cold hearbes, and to abstaine from violent exercises.

Distilling of Roses, making sirrups and conserues are now in the prime. Now gather such hearbes as you meane to keepe all the yeere, but be sure you dry them in the shade. Good husbands and huswiues, are now weeding of the corne and gardens, others shearing their sheepe. The time serues to let Rosemary, and Gillowflowers. Take heede now of cutting of either hedge, tree, oz hearbes with knife, but rather gather them with your fingers. Now may you let saffron, carry out Compost, make hay, rid Gardens of Mayles, ants, oz Pismires, &c.

Iuly.

Day.	The sunne riseth.	The sunne setteth.
1	houre 3. and 54. minutes.	houre 8. and 6. minutes.
7	houre 3. and 59. minutes.	houre 8. and 1. minutes.
14	houre 4. and 7. minutes.	houre 7. and 53. minutes.
21	houre 4. and 20. minutes.	houre 7. and 40. minutes.
28	houre 4. and 30. minutes.	houre 7. and 30. minutes.

New Moone the 3. Day, 29. minutes after 6. of the clocke at night, some rainie shewers.

First quarter the 11. Day: 45. min. after 9. of the clocke at night, pleasant weather.

C

Full

Prognostication.

Full Moone the 18. day, 37. minutes after 7. of the clocke at night, soule-ry hoate.

Last quarter the 25. day, 56. minutes after 10. of the clocke in the morning, ouercasting cloudes.

Iulyes Abstract.

In this month of Iuly, vse cold hearbes, and cold meates, sustaine no great thirist, for feare of breeding of Agues and pestilence, abstaine from Physicke, and extreame exercises. And now the Riueres are moze wholesome then the Bathes. Let the sunne be vp before you walke abroad, and take heede of filthie gutters, and stinking lanes. In the time of the plague or pestilence, keepe your chamber windowes close shut, aswell at nights, as also in close, foggie and moyst daies, opening them when the sunne hath force of shining, and be sure to perfume your chambers euery euening, with masticke or frankinsence, or with Tarre put vpon a chafing dish of coales then which nothing is better, and then vse Carduus Benedictus, boyled and drinke fasting. May Haruest now ralleth slacke husbands to worke, and such as haue leysure, it is good to fallow for wheate, and to carry out soyle, and to gather seedes and flowers, to keepe all the yeare, and to dry the flowers in the shade, till they be almost dry, and then set them a while to the sunne, that they mould not: and in like manner may you vse your hearbes.

August.

Day.	The sunne riseth.	The sunne setteth.
1	houre 4. and 36 minutes.	houre 7. and 24 minutes.
7	houre 4. and 48 minutes.	houre 7. and 12. minutes.
14	houre 5. and 0. minutes.	houre 7. and 0. minutes.
21	houre 5. and 16. minutes.	houre 6. and 44. minutes.
28	houre 5. and 27. minutes.	houre 6. and 33. minutes.

New Moone the 2. day, 44. minutes after 9. of the clocke in the forenoone apt for the time.

First quarter the 10. day, 23. minutes after 10. of the clocke in the forenoone. inclined to Raine.

Full Moone the 17. day, about three of the clocke in the morning, ouercasting cloudes.

Last quarter the 23. about 11. of the clocke at night, waue-
ring and vnconstant.

Augusts

Neue. 1616.

Augusts Abstract.

In August moderate dyet is good Physicke, for now it is very dangerous to surfit: and take good heed of heates and then colds, for nothing sooner engendereth pleurilies. And vse not to sleepe much, and especially afternoone, for making Oppilations, and for auoyding of Agues, and the headach, and Earbarres. And let a man abstaine from Physicke, this moneth, except great necessitie compell him.

Now Lady Ceres looks to haue men enough to attend vpon her, & he that will not now bestirre him to gather in wheate, is well worthy to rate browne bread at Christmas. They that would haue good seedes for their Garden the next yeare, must now gather of their owne, lest in buying abroad, they lose both their mony fruit, and labour. And such as desire to haue lettice, or other hearbes for winter, may commit seedes to the earth now in the increase of the Moone.

Of September.

Day.	The sunne rise: h.	The sunne setteth.
1	houre 5 and 34. minutes.	houre 6. and 26. minutes.
7	houre 5 and 46. minutes.	houre 6. and 14. minutes.
14	houre 6. and 2. minutes.	houre 5. and 58. minutes.
21	houre 6. and 16. minutes.	houre 5. and 46. minutes.
28	houre 6 and 18 minutes.	houre 5. and 32. minutes.

New Moone the first day. 48. min. after one of the clocke in the morning, inclined to wet weather.

First quarter the 8. day. 43. minutes after 8. of the clocke at night, very good weather.

Full Moone the 15. day. 22. minutes after 11. of the clocke in the forenoone, vnconstant.

Last quarter the 22. day 34. minutes after 2. of the clocke in the afternoone, some fall of moysture.

New Moone the 30. day about 6. of the clocke at night, sitting the time.

Septembers Abstract.

In this moneth of September, such as haue neede of Physicke may safely take it, and also may Bathe and bleede. In this moneth all things are in their proper vertue. And such fruits as are ripe, and not infected, are good to eat, for such as haue good stomackes. The time is good to make con-

A Prognostication.

serues of Barberies, and Quinces. winter hearbes must be now sowne: likewise is the time to set Hartichokes, Rose-trees, apples, peares, wardenes, strawberries, violets, gillow-flowers. Apples are to be gathered at the full of the Moone. sow parsneps, and in dry weather gather your Hops. Good husbandrie is sowing Rie and wheat, and good huswinarie is making of veruice, and plucking of Hempe, &c.

Of October.

Day.	Sunne riseth.	Sunne setteth.
1	houre 6. and 34. minutes.	houre 5. and 26. minutes.
7	houre 6. and 46. minutes.	houre 5. and 14. minutes.
14	houre 7. and 0. minutes.	houre 4. and 0. minutes.
21	houre 7. and 15. minutes.	houre 4. and 45. minutes.
28	houre 7. and 26. minutes.	houre 4. and 34. minutes.

First quarter the 8. day, 10. minutes after 5. of the clocke in the morning stormy and vncoustant.

Full Moone the 14. day 19. minutes after 9. of the clocke at night, some storme to be expected.

Last quarter the 22. day, about 9. of the clocke in the forenoone, indifferent weather.

New Moone the 30. day, 38. minutes after 9. of the clocke in the forenoone, a moyst change.

Octobers Abstract.

In this moneth of October, thou mayst take Physicke, and also bleede and Bathe if occasion serue: vse boate meates, and drinke any good, wholesome wines to nourish good blood: and beware of taking colde, because the Quartaine Ague wil be apt to be taken, and such other dangerous diseases. Remouue young trees, as Apples, Peares, Quinces, Roses, &c. Set Bease, Parsneps, &c.

Good husbands neede not be hasted to sowing of wheate, set nuts, Acornes, and filberds, and to doing of such good husbandry.

Of Nouember.

Day.	Sunne riseth.	Sunne setteth.
1	houre 7. and 33. minutes.	houre 4. and 27. minutes.
7	houre 7. and 42. minutes.	houre 4. and 18. minutes.
14	houre 7. and 52. minutes.	houre 4. and 9. minutes.
21	houre 8. and 3. minutes.	houre 3. and 57. minutes.
28	houre 8. and 9. minutes.	houre 3. and 51. minutes.

First

Neue. 1616.

First quarter the 6. day, 19. min. after high noone, apt for the season.

Full Moone the 13. day, 28. minutes after 9. of the clocke in the forenoone, waivering and vnconstant.

Last quarter the 21. day, 37. minutes after 5. of the clocke in the morning, cold and cloudy.

New Moone the 28. day, 58. minutes after 11. of the clocke at night, waivering and vncertaine.

Nouembers Abstract.

In Nouember finish the Physicke that yee meane to take, and so rest till March, except some great necessity compell thee: vse good meates and wholesome wine to nourish thy bloud: provide thee warme cloathing and goe dry of thy feete, or else make sure account of Rheume and Palse, besides some other inconuenience that will ensue. &c.

Beware of the hoate house this moneth, and vse Betony and Cinamon in drinke.

In the New of the Moone, you may remooue yong trees, as in the last moneth, and let crab tree stockes to graft vpon, when you please. It is also a good time in the wane of the Moone, to let pease-beanes, and if the weather be not too hard, it is good sowing of parsneps, good making malt, and killing of Bees and swine.

Of December.

Day.	Sunne riseth.	Sunne setteth.
1	houre 8 and 12. minutes.	houre 3 and 48. minutes.
7	houre 8. and 14. minutes.	houre 3 and 46. minutes.
14	houre 8 and 15. minutes.	houre 3. and 45. minutes.
21	houre 8 and 12. minutes.	houre 3. and 48. minutes.
28	houre 8. and 7. minutes.	houre 3. and 53. minutes.

First quarter the 5. day, 35. min. after 7. of the clocke at night, some raynie weather.

Full Moone the 13. day, halfe an houre before one of the clocke in the morning, winterly weather.

Last quarter the 21. day 31. min. after 1. of the clocke in the morning, frostie and cold.

New Moone the 28. day 31. minutes after high noone, winterly weather.

Decembers

A Prognostication.

Decembers Abstract.

In this moneth of December, keepe thy body & head from colde, and eat such meates as be of a hote Quality, abstaine from Physicke, & let thy kitchen be thy Apothecary, warme cloathing thy Nurse, merry company thy Keepers, and good hospitality thine exercise. Remooue trees and bushes, as aforesaid in Nouember, if the weather prooue not extreame. In the wane of the Moone, set beanes and pease, and those hearbs that cannot endure the colde, coner them with straw, or other prouision, from the froalts and snowe. Finally, thus ending the olde yeare, let vs repent vs, and forsake our olde sinnes; and leade new liues all the daies of this miserable & transitorie life, that in the end we may be translated into euerlasting Joy and happynesse, through Iesus Christ our Sauour, who be praised for euer and euer. Amen.

**A Precaution and Aduertisement, made for
euery moneth of this yeare of our Lord God, 1616:**
declaring the dangerous dayes and nights, to
take any sicknesse, or to be sicke in: whereby
euery one may take heede to himselfe,
and so prouide in time for speedy remedy.

Of Ianuarie. 1616.

The first day, and all night dangerous: the 7. day and all night, and the 8. day in like manner: the 14. day and all night untill the next day at noone, also dangerous: the 21. day, and the 22. day and all night in like sort: the 29. day, and the 30. day and all night, very dangerous.

Of Februarie. 1616.

The fourth day untill midnight dangerous: the 6. day in like sort: the 10. day and all night: the 13. day very dangerous: the 17. day and all night: and the 21. day in like manner: the 25. day untill midnight: and the 28. day and night, dangerous.

Of

Neue. 1616.

Of March. 1616.

The 3. day, and the 6. day dangerous: the 9. and 13. daies very dangerous: the 16. day untill midnight, and the 21. day in like manner: the 23. day and all night untill the next day at noone: likewise the 28. and 30. daies, and most part of the nights, very dangerous.

Of Aprill. 1616.

The 4. day, and the 5. day, and all night dangerous: the 11. day untill midnight, and the 13. day likewise: the 19. day and the 20. day, and most part of the night dangerous: the 26. day, and the 27. day, very dangerous.

Of May. 1616.

The 3. day untill midnight, very dangerous: the 10. day and all night likewise: the 18. day also dangerous: the 24. day and night. and the 31. day dangerous: the 31. day, and all night untill the next day at noone, very dangerous.

Of June. 1616.

The 7. day, and the 8. day, and all night dangerous: the 14. day and all night, and 16. day in like manner: the 21. day, and the 22. day and night dangerous: the 27. day untill midnight, and the 29. day and night very dangerous.

Of Iuly. 1616.

The 4. day and night, and the 7. day and all night, dangerous: the 12. and 15. daies in like manner: the 18. and 21. daies, and most part of the nights dangerous: the 24. day and all night, and the 28. day and the most part of the night very dangerous.

August. 1616.

The first day, and the 5. day and all night dangerous: the 8. day and night, and the 12. day and night untill the next day at noone, dangerous: the 15. and 19. daies in like sort: the 21. and 25. daies, dangerous: the 28. day also very dangerous.

Of